

# **Newburgh Sharks Blue & Gold Swim Meet December 9th-11th, 2011**

## **RECOMMENDED GROUPS:**

TORPEDO RAY, DEVIL RAY, SENIOR GROUP

## **LOCATION:**

Newburgh Free Academy Natatorium  
201 Fullerton Ave. Newburgh, NY 12550

## **SESSIONS:**

Session 1: Warm-up 4:00pm, Meet Starts 5:00 pm  
Session 2 & 4: Warm-up 7:30am, Meet Starts 9:00am  
Session 3 & 5: Warm-up 1:00pm, Meet Starts 2:00pm

## **ENTRIES:**

Swimmers may enter 1 event for Session 1  
Swimmers may enter a maximum of 3 individual events per session

## **DEADLINE:**

All forms and fees must be in to Coach Mel by  
*Friday, November 11, 2011*

## **ENTRY FEE:**

An entry fee of **\$3.00** per individual event and \$8.00 per relay

**MAKE ALL CHECKS PAYABLE TO MVA**

**Session 1: Friday PM  
December 9th**

1. OPEN 400 IM. 2.
3. 10 & Under 200 FREE 4.
5. 14 and Under 500 FREE 6.
7. OPEN 1650 8.

**Session 2: Saturday AM  
December 10th**

**Warm-Up: 7:30am**

**Meet Starts: 9:00am**

9. OPEN 200 FREE. 10.
11. 11/12 50 FREE 12
13. 9/10 100 FREE 14
15. 11/12 100 BREAST 16
17. 9/10 50 BREAST 18.
- 19 OPEN 100 BACK 20.
21. 11/12 100 FLY 22.
23. 9/10 50 FLY 24.
25. 11/12 200 FREE RELAY 26.
27. 10/ UNDER 200 FREE RELAY 28.

**Session 4: Sunday AM  
December 11th**

**Warm-Up: 7:30am**

**Meet Starts: 9:00am**

53. 11/12 100 FREE 54.
55. 9/10 50 FREE 56.
57. OPEN 100 BREAST 58.
59. 11/12 100 BACK 60.
61. 9/10 100 BACK 62.
63. OPEN 200 FLY 64.
65. 11/12 200 I.M. 66.
67. 9/10 200 I.M. 68.
69. 11/12 200 MEDLEY RELAY 70.
71. 10/U 200 MEDLEY RELAY 72.

**Session 3: Saturday PM**

**December 10th**

**Warm-Up: 1:00pm**

**Meet Starts: 2:00pm**

- 29. 8/U 100 FREE 30.
- 31. OPEN 50 FREE 32.
- 33. 13/14 50 FREE 34.
- 35. 8/U 50 BREAST 36.
- 37. OPEN 200 BREAST 38.
- 39. 13/14 200 BREAST 40.
- 41. 8/U 50 FLY 42.
- 43. OPEN 100 FLY 44.
- 45. 13/14 100 FLY 46.
- 47. 8/U 100 FREE RELAY 48.
- 49. OPEN 400 FREE RELAY 50.
- 51. 13/14 400 FREE RELAY 52.

**Session 5: Sunday PM**

**December 11th**

**Warm-Up: 1:00pm**

**Meet Starts: 2:00pm**

- 73. 8/U 50 FREE 74.
- 75. OPEN 100 FREE 76.
- 77. 13/14 200 FREE 78.
- 79. 8/U 50 BACK 80.
- 81. OPEN 200 BACK 82.
- 83. 13/14 100 BACK 84.
- 85. 8/U 100 I.M. 86.
- 87. 13/14 200 I.M. 88.
- 89. 8/UNDER 100 MEDLEY RELAY 90.
- 91. OPEN 400 MEDLEY RELAY 92.
- 93. 13/14 400 MEDLEY RELAY 94

MINISINK VALLEY AQUATICS  
US MEET COMMITMENT FORM

BLUE & GOLD  
December 9-11, 2011

SWIMMERS NAME: \_\_\_\_\_

REQUESTED EVENTS: \_\_\_\_\_

\_\_\_\_\_

SWIMMERS NAME: \_\_\_\_\_

REQUESTED EVENTS: \_\_\_\_\_

\_\_\_\_\_

SWIMMERS NAME: \_\_\_\_\_

REQUESTED EVENTS: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  
SIGNATURE OF PARENT/GUARDIAN

COMMITMENT FORMS ***MUST BE ACCOMPANIED BY FEES***  
WHEN ENTERING EACH SWIMMER.

SWIMMERS WILL NOT BE ENTERED UNLESS BOTH  
THE ***COMMITMENT FORM AND FEES ARE TURNED IN TO COACH MEL.***

BY SIGNING THIS FORM FAMILIES COMMIT TO ATTEND DESIGNATED US  
MEET AND ACKNOWLEDGE THAT ***NO REFUNDS*** WILL BE GIVEN IN THE  
SWIMMERS ABSENCE.